



**Agenda of the 24<sup>th</sup> International Research Symposium UNK/VMU**  
**Wednesday, December 2<sup>nd</sup>, 2020**  
**Held Via Zoom**

- 16:00 - 16:20**      **Opening Remarks**  
Dean Mark Reid  
*University of Nebraska at Kearney, Nebraska, USA*
- VMU opening remarks  
*Vytautas Magnus University, Kaunas, Lithuania*
- 16:20 – 17:00**      **(UNK) Faculty Presentation**  
Dr. Grace Mims, Dr. Christine Chasek, Dr. Marissa Fye, and Alex Hinrichsen  
*“MARITAL SATISFACTION DURING RETIREMENT”*
- 17:00 - 17:20**      **(VMU) Student Presentation**  
Marija Aušraitė, Kristina Žardeckaitė-Matulaitienė  
*“REDUCING STIGMATIZING ATTITUDES TOWARDS CHILDREN WITH MENTAL ILLNESS: EFFECTIVENESS OF BRIEF EDUCATIONAL INTERVENTION FOR PARENTS”*
- 17:20 – 17:40**      **(UNK) Student Presentation**  
Asianna Harris  
*“DEFINING MULTIRACIAL INDIVIDUALS: MULTIRACIAL COMPETENCIES”*
- 17:40 – 17:50**      **Break**
- 17:50 – 18:10**      **(UNK) Student Presentation**  
Annie Fish, Emma Sinnet and Johnna Wollenburg  
*“PHYSICAL ACTIVITY IN RELATION TO ACADEMIC ACHIEVEMENT”*
- 18:10 – 18:30**      **(VMU) Student Presentation**  
Eimantas Lukoševičius, Rytis Pakrošnis  
*“THE RELATIONSHIP BETWEEN TREATMENT ADHERENCE OF INDIVIDUALS WITH TYPE II DIABETES, GRIT AND PERCEIVED SOCIAL SUPPORT”*
- 18:30 – 18:50**      **(UNK) Student Presentation**  
Shelby Glasser, Whitney Walker and Ravin Baker  
*“THE EFFECT OF SOCIAL MEDIA USE ON SELF-ESTEEM”*